

# Using Low-Vision Aids at Home

You can complete the highlighted fields on this form online and then print the form for easy reference. Only text that is visible on the form is printed; scrolled text will not print. Any text you enter into these fields will be cleared when you close the form; you cannot save it.

Use this checklist of daily activities to help you determine the tasks where you would benefit from the use of a vision aid.

Activity	Need vision aid?	
<b>Cooking</b> <ul style="list-style-type: none"> <li>• Large-print, ringing, or talking cooking timer</li> <li>• Large-print or marked control dials for stove, oven, and other kitchen appliances</li> <li>• Raised or clearly marked measuring cups and spoons</li> <li>• Other:</li> </ul>	Yes	No
<b>Household chores</b> <ul style="list-style-type: none"> <li>• Large-print or marked dials for washer and dryer</li> <li>• Contrasting colours in backgrounds, such as light switches that are darker or lighter than walls</li> <li>• Extra lighting               <ul style="list-style-type: none"> <li>- Direct light for reading or specific tasks</li> <li>- Window coverings that adjust</li> <li>- More light in halls or stairs</li> </ul> </li> </ul>	Yes	No
<b>Taking medicines</b> <ul style="list-style-type: none"> <li>• Large-print labels, colour coding, or raised markings for medicine bottles</li> <li>• Daily, weekly, or monthly pill organizer with large print or braille</li> </ul>	Yes	No
<b>Keeping safe</b> <ul style="list-style-type: none"> <li>• Remove area rugs and replace worn carpeting.</li> <li>• Arrange home to clear paths and walkways.</li> <li>• Use handrails in bathrooms and stairs.</li> </ul>	Yes	No
<b>Paying bills</b> <ul style="list-style-type: none"> <li>• Calculator with extra-large buttons</li> <li>• Bold-lined paper for cheque writing</li> <li>• Direct lighting at desk</li> </ul>	Yes	No
<b>Reading and using the computer</b> <ul style="list-style-type: none"> <li>• Magnifier</li> <li>• Closed-caption television (CCTV), video camera, or special goggles to enlarge print, pictures, or other items</li> <li>• Large-print or braille books and magazines</li> <li>• Microphones, large computer screens, or software to allow use of the computer</li> </ul>	Yes	No

Activity	Need vision aid?	
Personal care <ul style="list-style-type: none"> <li>• Labels on hot and cold water faucets</li> <li>• Water level marks for bath and sink</li> <li>• Large-print or talking alarm clock or watch</li> <li>• Telephone with extra-large buttons or one that is marked</li> </ul>	Yes	No
	Yes	No
	Yes	No
	Yes	No
Other		
	Yes	No
	Yes	No
	Yes	No
	Yes	No